Who is a social prescribing link worker?

Social prescribing link workers undertake varying roles and responsibilities dependent on the local social prescribing model. However these generic core summary applies.

Someone who:

✓ Uses a strength based approach to increase people’s confidence to take control of their health wellbeing
✓ Builds trust and relationships with people
✓ Gives people time to talk about what matters to them
✓ Actively listens to understand what matters to people from a holistic perspective
✓ Co-creates solutions with people
✓ Enables and supports access to solutions
✓ Facilitates joined up care and social inclusiveness
✓ Is knowledgeable about the range of local support available to help with people’s wellbeing issues