



**National Association of Link Workers**  
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## Who is a social prescribing link worker?

Social prescribing link workers undertake varying roles and responsibilities dependent on the local social prescribing model. However these generic core summary applies.

### Someone who:

- ✓ Uses a strength based approach to increase people's confidence to take control of their health wellbeing
- ✓ Builds trust and relationships with people
- ✓ Gives people time to talk about what matters to them
- ✓ Actively listens to understand what matters to people from a holistic perspective
- ✓ Co-creates solutions with people
- ✓ Enables and supports access to solutions
- ✓ Facilitates joined up care and social inclusiveness
- ✓ Is knowledgeable about the range of local support available to help with people's wellbeing issues